



Newsletter
September 20th 2024

OUR NEWSLETTER

Communications 101

We've got some events coming up at the end of this month, Klahoose! Check them out on Page 4 or on our Klahoose Events Calendar Online!

This week's newsletter includes a change in the Health Bus Departure times, a warm welcome to a new employee as well as an update from our Events Department!

Want to see something in the newsletter? Please send me your ideas!

Eva Delorme, contact information on the bottom of each page!



Word/Phrases of the week.

- čiyəʔana - to listen
- ǵagatex - to beat a drum
- λaʔom - wolf
- č̣enəmštəm - We will pray.
- hehaw λasəm ta tumiš- The man is strong.
- hehaw qeyəm ta ʔaples - The apples are juicy.
- hoč č̣itəm qʷeyx - I am going to cut wood.

All these can be found on the First Voices website or App

 <https://www.firstvoices.com/klahoose/> 

Upcoming Week Events

- **True Confessions of TL'AKWASIKAN SXWCHÁLTEN Khelsilem**
Friday September 20th, 2024 @ Olatunji Hall, Hollyhock.
8:00 PM, transportation available! See Page 08.
- **Nuqo Modular Housing - Case Study Challenge**
Saturday September 21st, 2024 @ Olatunji Room, Hollyhock.
8:00 PM, transportation available! See Page 8.
- **SMART Recovery**
Monday September 23rd, 2024 @ Health Center
4:00 PM to 5:00 PM Every Monday!
- **Culture Night**
Tuesday September 24th, 2024 @ Main Hall, Multipurpose Building.
6:00 PM Dinner time, every Wednesday except this coming week! See Page 4.
- **Klahoose Prescription Pick up**
Wednesday, September 25th, 2024 @ Health Center

Available at 1:00 PM every Wednesday!
- **Custom Election Code Update Meeting**
Wednesday September 25th, 2024 @ Multipurpose Building & Zoom
5:00 PM Dinner, 6:00 PM Meeting start time.
Zoom link on Page 3
- **More event information on page 4!**

JOB POSTINGS

■ Maintenance Supervisor - Full Time

Maintenance Team

The Maintenance Supervisor manages the daily operations and maintenance of infrastructure, including buildings, equipment, and public works systems, while also overseeing scheduling and quality control for maintenance and public works staff.

■ Education Department Supervisor

Education Department

The Education Department Supervisor manages the education department's operations, staff, and programs ensuring compliance with educational standards and enhancing student success. This position is responsible for budget management, grant writing and fostering partnerships to support and improve educational services.

■ Housing Coordinator

Housing Department

We are currently seeking a full-time Housing Coordinator responsible for providing as-needed general maintenance and repairs for all Band Owned Housing.

■ Emergency Planning Coordinator

Emergency Management Team

The Emergency Planning Coordinator is responsible for coordinating the Klahoose First Nation Emergency Planning Committee, and working with the Infrastructure & Development Manager to develop the Emergency Management Department.



■ Treaty Assistant - Full time

Treaty Department

We are seeking a qualified applicant to join the Treaty Team as a Treaty Assistant to support negotiations, community outreach and communications along with other duties as they come up.



■ Resort Manager - Full Time

Gorge Harbour Marina Resort

The Gorge Harbour Marina Resort is looking a Resort Manager who oversees daily operations, ensuring exceptional guest experiences and efficient management of resort facilities. This includes managing accommodations, marina services, and recreational activities while maintaining the resort's high standards of service and hospitality.

To apply please send resumes and cover letters to generalmanager@qxmc.org

■ Cook (Food Truck) - Full Time

Gorge Harbour Marina Resort

The Gorge Harbour Marina Resort is seeking a skilled and enthusiastic Cook to join our food truck team.

To apply please send resumes and cover letters to team@gorgeharbour.com

Send resumes & cover letters to

■ recruitment@klahoose.org or bring them to the Klahoose Multipurpose Building!



Want to see more information on these postings?



Go to klahoose.org/jobpostings or use this QR code!



Welcoming Eugene Semple to the Health Department as our new Social Worker!

Eugene received his BSW from Tennessee State University in 1993, specializing in the criminal justice system. He studied the “pipeline to prison” Theory, addressing the link between marginalized populations, ADHD and the prison system.

While working in the Prison system in the US, Eugene learned early on that All lives are valuable despite the choices made. Eugene spent four years in the US Navy, where he worked as a religious program officer serving as the liaison between the families and the servicemen and women.

Eugene Semple , RSW,CASW 13210
Klahoose Social Worker
Phone: (250) 935-6536 ext. 333
Email: eugenesemple@klahoose.org

Eugene has always been fascinated with the foster system and the bulk of experience comes with working with youth at risk. He enjoys engaging with, empowering, and supporting youth. He has received his Registration with the BC College of Social Workers in June of 2015. In his spare time, Eugene also enjoys the outdoors ,history, reading and is a self-confessed documentary nerd .

Eugene is excited to bring his wealth of experience to the Klahoose First Nation and aims to respect, learn and engage from the community and welcomes the culture of collaboration and connection.



You can check out full job descriptions on klahoose.org/jobposting
Send resumes & cover letters to recruitment@klahoose.org or bring them to the Klahoose Multipurpose Building!

EVENTS PAGE

■ Chief & Council

[Klahoose Council Meetings VIA Zoom](#)

More dates to come!

[Coffee with Council Dates](#)

Coffee with Council is postponed for the summer but will resume in the fall.

Keep your eyes peeled for more posting!

There is always a viewing in the Council Chambers for both of these events so if you're in the community, come and join!

■ Custom Election Code Update Hybrid Meeting

Wednesday, September 25th, 2024.

Hosted at the Multipurpose Building Main hall as well as Zoom, You can register through the QR code below.

Dinner will be at 5:00 PM
Meeting will begin at 6:00 PM

Agenda to be announced.



Want to register to the Custom Election Code Update Meeting?
Go to



klahoose.org/eventcalendar or use this QR code!

■ Events for the week of September 22nd to 28th!

Culture Night

Tuesday September 24th @ 5:00 PM

As the Custom Election Code Update meeting will be held on the Wednesday we will be having Culture Night on the Tuesday. We will be preparing for the events on Truth and Reconciliation day and practicing the songs together.

Orange Shirt Day

Friday September 30th, 2024 @ 11:30 AM

Join Patrick Aleck from Snuneymuxw First Nation and the Klahoose First Nation singers for a school assembly, jam session and lunch!

■ More events following!

Truth and Reconciliation Day

September 30th, 2024 *Exact times are to be determined.*

The last paddle for the canoe season and closing ceremony in the morning and celebration for Klahoose First Nation Members and invited guests at the Gorge Harbour Marina Resort in the afternoon.

The Health Bus will be available for travel, please contact Ian Ross directly for securing your spot! (Contact information on page 5)

Meet and greet with Donna Bracewell!

Tuesday, October 1st, 2024 @ 4:30 PM in the Multipurpose Building.

Please come and meet our new indigenous and learning support teacher at Cortes Island school, Donna Bracewell and let her know what your child needs in any extra support you would like to see for the students.

This event is for Klahoose parents and families of students attending Cortes Island School this year.

There will be snacks!

HEALTH CENTRE

Medical Travel Team

Anita Noble

Medical Travel Coordinator

Phone: (250) 935-6536 Ext. 236

Email: medicaltravel@klahoose.org

Tiffany Jamieson

Medical Travel Coordinator

Phone: (250) 935-6536 Ext. 238

Email: medicaltravel@klahoose.org



Lisa-Marie Gruger

Clinical Counsellor

After working in a variety of settings, ranging from correctional facilities and hospitals to community mental health, First Nations communities and non-profit agencies, Lisa Marie has a diverse range of counselling experiences, ranging from working with children and adolescents with behaviour and psychiatric disorders to supporting individuals who were transitioning out of abusive relationships and into education and/or employment.

- Individual counselling
- Parent and family counselling for children, adolescents, and their families
- Couples counselling
- Clinical supervision

Phone or text: (250) 287-5974

Email: lmgruger.ca

Doctor days

To book appointments:

Phone: (250) 935-0251

Email: ginahallihan@klahoose.org

Next: September 24th, 2024.

KLAHOOSE II WATER TAXI

Desolation sound and surrounding locations!

For booking

P: (250) 935-6536 ext. 225

E: klahoosewatertaxi@klahoose.org

- Standard rate: \$300 per hour & \$100 per hour waiting rate.

Member rate: \$225 per hour & \$50 per hour waiting rate.

E-transfers: directdeposit@klahoose.org

Cheque: made to "Klahoose First Nation"

The Finance Department accepts cash from Monday to Thursday, 9:00 AM - 5:00 PM PST.



SMART Recovery - every Monday!

4:00 - 5:00 PM every Monday @ Health Centre

SMART Recovery offers support to family and friends of an individual with an addiction. As well, it supports folks who are struggling with addiction. Each week, new tools and skills are presented!

Beverages and snacks are provided, as well as a weekly gift card draw!

HEALTH CONTINUED

More contacts to know!

Kari Hackett

Health Centre Manager

Phone: (250) 935-6536 Ext. 251

Email: karihackett@klahoose.org

Gina Hallihan

Registered Nurse

Phone: (250) 935-6536 Ext. 327

Email: ginahallihan@klahoose.org



KLAHOOSE HEALTH BUS FALL SCHEDULE

Leaving Location	Departure Times
Klahoose Village	8:30 AM
Whaletown Terminal, Cortes Island	9:55 AM Ferry
Quathiaski Cove Terminal, Quadra Island.	11:00 AM Ferry
Shoppers Drug Mart, Tyee Plaza in Campbell River.	3:30 PM
Campbell River Ferry Terminal	4:00 PM Ferry
Klahoose Village	6:30 PM

KLAHOOSE HEALTH BUS

Island Connection with Convenience

For booking, contact Ian Ross

Phone: (250) 203-8360

Email: ianross@klahoose.org

All prices include BC Ferry fares.

Children under 5 years old ride for free.

Klahoose Band members get a \$5.00 discount from the posted price.

Round trip rates (Cortes Island to Campbell River and back):

Adult - \$45.00

Senior - \$25.00

Child (Ages 5-11) - \$30.00

One-way rates (Cortes to Campbell River):

Adult - \$25.00

Senior - \$15.00

Child (5 - 11) - \$15.00

One-way rates (Campbell River to Cortes Island):

Adult - \$35.00

Senior - \$15.00

Child (Ages 5 - 11) - \$20.00

Better-at-home Program

The Better-At-Home Program is offering one subsidized trip per month on the Klahoose Community Bus.

This program is set up to help low-income seniors, Klahoose Elders are eligible as well!

Applicants are to be 65 years of age or older and require to submit their full name, date of birth, and documentation of last years total income.

To apply please contact Ester!

Phone: (250) 204-2116

Email: betterathomecortes@gmail.com

FISHERIES ANNOUNCEMENTS

Chum Salmon (Keta Salmon) or Oncorhynchus keta

For those who are wanting to be on the list for Chum this year, please contact either Byron Harry or Darrian Hachez (contact information at the bottom of this page) as they will be compiling names for delivery next week!

Please keep an qaʔwum (eye) for announcements/phone calls for delivery in your area.



What is Chum Salmon?

Chum Salmon, distinct in their colour and size, are usually found in the northern regions of the Pacific Ocean near Alaska or northern British Columbia.

They usually spawn in the mouth or lower regions of rivers and have orange, pink or red flesh when in their raw state.

Their lower fat and oil content compared to other Salmon species make them the idea fish to smoke!

Please contact the Fisheries Department for inquiries!

Byron Harry

Phone - 250-935-6536 ext. 226

cell - 778-848-2243

Email - byronharry@klahoose.org

Darrian Hachez

Phone - 250-935-6536 ext. 229

Cell - 250-204-0710

Email - darrianhachez@klahoose/org



Chum Salmon Cakes with Chive and Garlic

Ingredients

- 4 to 5 medium potatoes or 3 cups of mashed potatoes
- canned or fresh chum salmon
- 1 egg
- 1 lemon
- 1 tbps of flour, plus a little extra for dusting.
- 1 small bunch of parsley
- Salt and pepper to taste
- Olive Oil

For Sauce

- 1/2 cup of greek yogurt, plain
- 1 tsp of chives
- 1 garlic clove, pressed
- 1 tsp of lemon juice
- salt and pepper to taste



Instructions

1. Skin and bone chum salmon.
2. In large mixing bowl, combine mashed potatoes, salmon and egg.
3. Zest and juice the lemon before adding both to the mixture with the chopped parsley and flour.
4. Add a pinch of salt and pepper, and mix everything well.
5. Scoop out the mixture into evenly sized balls, roll in flour, and flatten slightly. You can refrigerate the mixture to prevent crumbling.
6. Fry salmon cakes in hot olive oil until golden brown and crunchy on outside.
7. For the sauce, mix yogurt, lemon juice, chopped chives, and minced garlic in a small bowl. Add salt and pepper to taste.
8. Let sauce sit 15 minutes before serving to allow flavors to blend.

Credits to @smokeybyewe for the recipe!

HOLLYHOCK LEADERSHIP INSTITUTE

TL'AKWASI'KAN SXW'CHÁLTĒN KHELSILEM

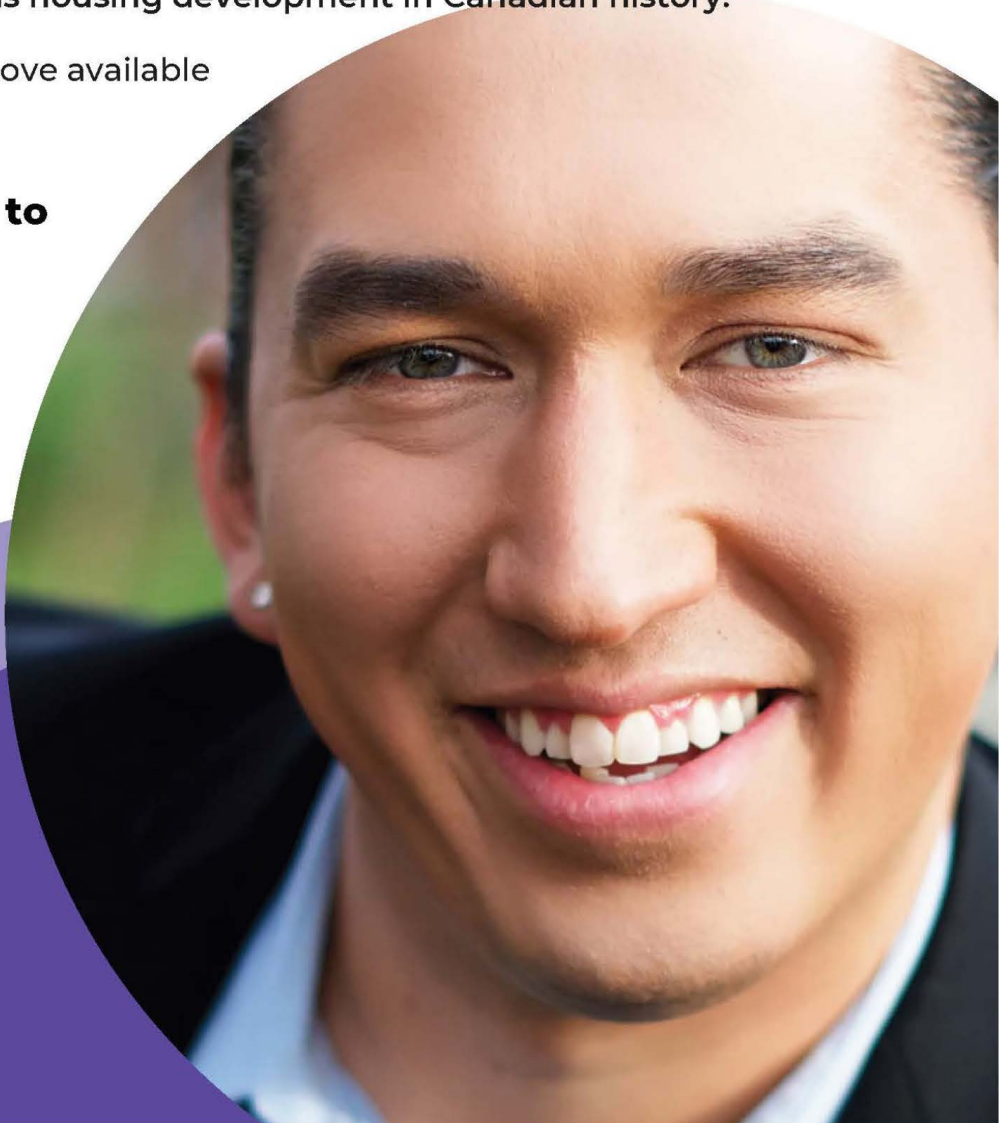
Friday, September 20, 8pm

Olatunji Hall, Hollyhock Campus

Khelsilem is a prominent Indigenous leader and current Chairperson of the Skwxwú7mesh Úxwumixw (Squamish Nation). Khelsilem is a champion of the Squamish language, LGBTQI2S+ Rights, and a leading voice to establish Seńákw housing, the largest Indigenous housing development in Canadian history.

- Free shuttle from Squirrel Cove available

For more information, or to register for shuttle or dinner, contact svi@hollyhock.ca or call (250) 935-6576



HOLLYHOCK LEADERSHIP INSTITUTE

ALISSA ASSU, RAVENSONG SOAP & CANDLES

Saturday, September 21, 9am

Olatunji Hall, Hollyhock Campus

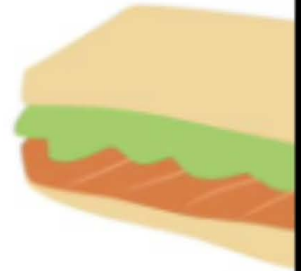
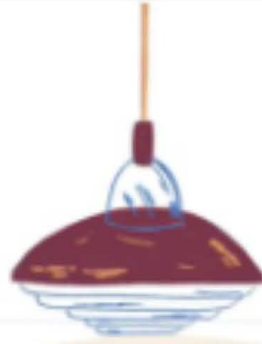
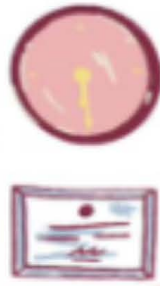
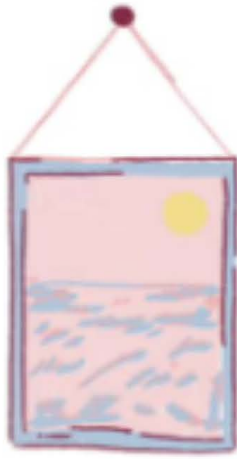
Klahoose members are invited to a talk as part of Hollyhock's Social Venture Institute program. Presented by Alissa Assu, Laksamshu (Fireweed and Owl) Clan from the Wet'suwet'en People. In this live Case Study, Alissa will work with SVI participants to workshop a challenge for the future of her business.

- Free shuttle from Squirrel Cove available

For more information, or to register for the shuttle, contact svi@hollyhock.ca or call (250) 935-6576



**SOCIAL
VENTURE
INSTITUTE**



MULTI-FAMILY GARAGE SALE

SEPT 28, 2024
10:00 AM - 3:00 PM

1730 TORK RD.
SQUIRREL COVE
MULTIPURPOSE BUILDING

ALSO SELLING BANNOCK
AND SALMON SANDWICHES
(ON BANNOCK)

